VEGETARIAN SPECIALS	
Bangkok Vegan Burger (V) An oriental spiced burger of mixed vegetables, coriander, chilli and lemongrass in a red lentil crumb	£10.95
Mediterranean Vegetable Pasta Mixed Mediterranean vegetables in a rich tomato sauce, served with garlic bread	£8.95
Battered Halloumi Lightly fried in batter, served with homemade chips and mushy peas	£10.25
FRESH BAGUETTES	

### FRESH DAUULIILS

All of our baguettes are served with homemade chips	
Hot Beef, Chicken or Turkey Tender cuts of meat served with our signature meat juice gravy	£11.50
<b>BBQ Chicken Melt</b> Tender chicken breast pieces topped with back bacon, BBQ sauce and smothered with melted cheddar cheese	£11.50
Ham & Coleslaw Baguette Carved ham and homemade coleslaw	£11.50
Tuna Mayo Baguette Tuna in mayonnaise with fresh salad	£11.75
Prawn Salad Baguette North Atlantic prawns in Marie Rose sauce with fresh salad	£12.95

### PANINNIS

All Paninis £9.95

All our paninis are served with homemade chips and fresh salad garnish

**Chicken & Cheese** Ham & Cheese

**Cheese & Onion Corned Beef & Onion** Tuna & Cheese **Cheese & Tomato** 

### **GRILLED TORTILLA WRAPS**

All our tortillas are served with homemade chips and fresh salad garnish

Spicy Chicken Spicy Prawns	£10.75 £11.50	BBQ Chicken Cheese & Onion	£10.75 £10.25
SALADS			
Cheese	£9.50	Prawns	£10.95
Ham	£9.50	Tuna	£10.95
Chicken	£9.50	Plain Salad	£6.50
JACKET POTATOES			
Cheese	£9.95	Prawns	£10.95
Beans	£7.95	Tuna	£10.95
Chilli con Carne	£9.95	Curry	£10.25
Coleslaw	£7.95		

FOOD ALLERGENS: Please speak to a member of our team before ordering

**CHILDREN'S MENU** 

Tomato or Bolognese Penne Pasta with garlic bread **Chicken Nuggets, Chips and Beans or Peas** Pork Sausage, Chips and Beans or Peas Fish Fingers, Chips and Beans or Peas **Chicken Curry, Rice and Chips** Mince & Yorkshire Pudding with Mashed Potato and Veg

### CHILDREN'S DESSERTS

Children's Ice Cream £	2.70
Two scoops of house ice crream, choice of strawberry, chocolate or vanilla	
Children's Chocolate Brownie £	3.75

A rich chocolate brownie served warm with ice cream

### **SIDES & LITTLE EXTRAS**

Curry Sauce	£2.50	Gravy	£1.50
Homemade Chips	£2.95	Sweet Chilli Dip	£1.60
Cheesy Chips	£5.25	BBQ Dip	£1.60
Onion Rings	£4.50	Garlic Mayo Dip	£1.60
Garlic Bread	£3.90	Baked Beans	£1.50
<b>Cheesy Garlic Bread</b>	£4.50	<b>Cheese Portion</b>	£2.50
Crusty Baguette	£1.60	Homemade Coleslaw	£2.10
		Bread Bun	£1.10

### DESSERTS

Our desserts can be served with custard, cream or ice cream

Sticky Toffee Pudding \* **Chocolate Brownie \* Knickerbocker Glory** 

Selection of Cheesecakes Syrup Sponge Pudding

\* Gluten Free

£5.94

ΛΕΑΙ ς



ASK US ABOUT OUR HOT DRINKS

## **HASTINGS SUNDAY CARVERY**

**Chocolate Fudge Cake** 

### Served 11am-4pm

Enjoy a fantastic freshly cooked Sunday lunch with your choice of roast meat, homemade Yorkshire pudding, roast potatoes, fresh seasonal vegetables and our signature gravy

### Large £12.25 - OAP & Children £11.25

Monday - Saturday enjoy a roast dinner served to your table for only £8.95 for adults and £7.50 for OAPs and Children

TALK TO US 鳧



### • PUB & DINING •

# MHNI

Chester Road, Grindon, Sunderland, SR4 9LP

### **KIDS EAT FREE!**

Get a FREE Children's meal with every full size adult meal purchased wherever you see our kids icon!

### **STARTERS**

Prawn Cocktail Fresh cold water Atlantic prawns served with salad & Marie Rose sauce	£6.75
Cajun Potato Wedges Served with a garlic mayo dip	£5.50
Mozzarella Sticks Served with a sweet chilli dip	£5.75
Soup of the Day Served with a crusty baguette and butter. Please ask us for today's soup	£4.75
<b>Mixed Combo</b> A glorious combo of battered onion rings, garlic bread, seasoned chicken strips, potato wedges and mozzarella sticks served with sweet chilli dip, garlic mayo and a fresh salad garnish	£13.50

### BREAKFAST (served all day)

The Hastings Hill Breakfast Sausage, bacon, black pudding, mushrooms, beans, hash brown, tomato, fried egg and toast	£9.25
The Hastings Hill Veggie Breakfast Two fried eggs, hash brown, tomato, mushrooms, beans and toast	£7.75
Bacon Sandwich Grilled rindless back bacon served in a floured bap	£4.60
Sausage Sandwich Pork sausages served in a floured bap	£4.50
Breakfast Bun Pork sausage, back bacon and a fried egg	£4.90

### BURGERS Co

All of our burgers are served with homemade chips, onion rings, a fresh salad garnish and homemade slaw

**The Hastings Burger** A classic beef burger, with lettuce and tomato in a brioche bun

The Hastings Combo Burger

An 8oz beef burger, butterfly chicken breast, BBQ sauce and melted cheese

Add Extra: Cheese - £1.40 Bacon - £1.40 Fried Egg - £1.10

### PARMOS

The parmo is a cult classic in the North East and is made with a flattened chicken breast, covered in breadcrumbs and fried until golden. Finished with a layer of bechamel sauce and melted cheese.

Ch	icken	
£1	4.95	

Mushroom & Garlic £15.25

Hot Shot

£15.75

3, CHEF

BACC

£12.50

£15.95

CHICKEN DISHES

CHICKEN DISHES 😳 🔅	
Peppered Chicken Grilled chicken breast in peppercorn sauce, served with homemade chips and peas	£14.90
Hunters Chicken Grilled chicken breast, topped with bacon, cheese and BBQ sauce. Served with homemade chips, peas and salad garnish	£14.90
Chicken Kiev Tender chicken breast filled with our rich garlic butter, coated in breadcrumbs and served with homemade chips, peas and salad garnis	<b>£14.90</b> h
Chicken Alexander Tender chicken breast served in a creamy curry sauce with garlic and wine topped with King Prawns. With homemade chips, peas and salad garnish	
PASTA DISHES (all served with garlic bread. Gluten Free pasta a	vailable)
Chicken Alex Pasta	£11.50
Curried chicken in garlic and wine sauce Pasta Bolognese Classic meat ragu, simply delicious!	£10.20
Arrabiatta Hot and spicy tomato sauce with chilli and garlic	£9.30
Carbonara Ham & Mushroom in a white wine and garlic sauce	£10.20
Homemade Lasagne A firm favourite, rich and hearty	£12.95
FROM THE GRILL Coo	5
Sirloin Steak A prime cut of sirloin, cooked to your liking	£20.50
The Hastings Mixed Grill Meat-eaters dream our large platter of steak, gammon, pork steak, chicken breast, sausage, black pudding and a fried egg	£21.50
Gammon Horseshoe A succulent gammon steak served with grilled tomato and a choice of fried egg or pineapple ring	£15.50
Homemade Peppercorn, Garlic or Diane Sauce	£4.95

### SIZZLING PLATTERS

All served with rice, chips and a choice of sauce: Black Bean, Mild Curry or Sweet Chilli

Beef	£14.50
Chicken	£14.50
Prawn	£14.95

The Hastings St Tender chunks of shortcrust pastry

**Giant Yorkshire** Filling of choice: potato and seaso

Large Fish & Ch Freshly beer-bat and salad garnis

**Golden Breade** Wholetail Whitb garnish.

**Two Large Hom** Prepared in a lig

### **DAILY SP**

Hot Beef, Chick Served with hom Quarter Pounde

Served with hom **Braised Lambs** 

Served with mas

Homemade Mi Served with crea

**Chicken or Veg Freshly prepared** 

**Deep Fried Fres** Served with hom

**Deep Fried Batt** Served with hom

**Toasted Chicker** Chicken goujons

Homemade Fis Served with hom

Ham & Egg Carved ham serv

**Chilli Con Carn** Served with rice

**Homemade** Pie Served with hom

Sausage, Egg, A classic North-E

Spicy Chicken Served with a sw

### PUB FAVOURITES

teak & Ale Pie If beef cooked in a real ale gravy, topped with a	£13.95
y lid and served with homemade chips and garden pea <b>Pudding</b> Beef, Turkey, Pork, Chicken or Mince with mashed onal vegetables	£13.95
<mark>nips</mark> stered with homemade chips, mushy peas sh	£14.95
<mark>d Wholetail Scampi</mark> by scampi, served with homemade chips, peas and sala	<b>£13.90</b> Id
nemade Fishcakes Iht batter with homemade chips, peas and salad garnis	<b>£12.50</b> ih
ECIALS	
<mark>ken or Turkey Bap</mark> nemade chips	£8.25
<mark>er Burger</mark> nemade chips and side salad	£8.25
Liver & Onions shed potatoes and fresh seasonal vegetables	£8.25
ince & Dumplings amy mashed potato, vegetables and a rich beef gravy	£8.25
etable Curry (V) d and served with rice and homemade chips	£8.25
<mark>sh Cod Goujons</mark> nemade chips, peas and side salad	£9.25
<mark>tered Scampi</mark> nemade chips, peas and side salad	£8.95
n & Garlic Mayo Wrap s in garlic mayo, salad, and homemade chips	£8.25
s <mark>hcake</mark> nemade chips, peas and side salad	£8.25
ved with homemade chips, peas and side salad	£8.25
e and homemade chips	£8.25
es - Choose either Corned Beef or Mince nemade chips, peas and thick beef gravy	£8.25
Chips & Beans East treat with real chunky homemade chips!	£8.25
<mark>Goujons</mark> veet chilli dip, homemade chips and side salad	£8.25